



To: Aleisha Pforter, Alyssa Ganzhorn, Deanne Drumm, Jennifer Newton, Mike Dziok, Paul Schiener, Rob Hughes, Rob Kennedy, Sierra Haas, and Thomas McKenna

DATE: Thursday, December 3, 2020 2:45 p.m. - 3:45 p.m., via Zoom

RE: Wellness Committee

1. Role of Committee/ Goals

To establish goals for, and oversee the development of, the District's wellness policy. The Committee makes policy recommendations for review and adoption by the Board, and is responsible for assessing current wellness activities, programs, and policies available in the District.

2. Goals 2020-21

1. Review current Health and Wellness policy. Make revisions and recommendations as needed.
2. Wellness Day/Health and Wellness throughout the year
March K-12 Wellness Day
JSHS – Last Wednesday of each month will be a Wellness/Mental Health Day
Elementary -
3. Wellness Website
Made live

3. Next Meeting Date: Thursday March 4, 2021

**Meeting Dates for 2020/21
2:45-3:45**

December 3, 2020

March 4, 2021

May 6, 2021

Meetings are schedule via Zoom.