



To: Aleisha Pforter, Alyssa Ganzhorn, Deanne Drumm, Jennifer Newton, Mike Dziok,
Paul Schiener, Rob Hughes, Rob Kennedy, Sierra Haas, and Thomas McKenna

DATE: Wednesday, October 28, 2020 2:30 p.m. - 3:30 p.m., via Zoom

RE: Wellness Committee

1. Role of Committee/ Goals

To establish goals for, and oversee the development of, the District's wellness policy. The Committee makes policy recommendations for review and adoption by the Board, and is responsible for assessing current wellness activities, programs, and policies available in the District.

2. Goals 2020-21

1. Review current Health and Wellness policy. Make revisions and recommendations as needed. The Health and Wellness policy was recently updated by the policy committee and the most recent version was distributed to committee members.
2. Wellness Day/Health and Wellness throughout the year
Discussion on creating a Wellness subcommittee to help coordinate activities.
3. Wellness Website
Review plans to make live and ask for feedback at next meeting.

3. Next Meeting Date: Thursday December 3, 2020

**Meeting Dates for 2020/21
2:45-3:45**

December 3, 2020
March 4, 2021
May 6, 2021

Meetings are schedule via Zoom.