



## The Untold Truth of Mr. Fregly

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By: Marcus Lombardo

**When did you first realize you wanted to become a teacher?**

Probably when I was working in museums. I worked in Auburn at the Seward House Museum for a couple years, and while I was there, one of my many jobs was to give tours, and occasionally I'd get the opportunity to give tours to school groups. I realized if I could make a living talking about history all day long that that would be a good thing, so at that point I was kinda bitten by the bug. I had to resign my job there, go back to school for another master's degree, but it was well worth it, and I've been teaching since 2011.

**What do you like best about Tully so far?**

I like the small class sizes. They're really nice. I like the view out my window and so far the kids here are really cooperative, very respectful, and a lot gets done, and I really appreciate that and there seems to be a general good sense of humor about the place. There's a sense of humility here. The people are comfortable with themselves, and it more relaxes the feel of the environment here.

**If you could go back and talk to your high school self, what advice would you give yourself?**

To work harder so that I wouldn't have to take out as many student loans when I go to college and get some actual scholarships that would pay for big chunks of what I was trying to achieve at that time. I think there were areas where I could definitely improve my studies as a high schooler, but I know my high school self would not listen to my adult self, so it would be fruitless.

**If you could project yourself into the past, where would you go?**

1946. Post-war boom, the United States was the sole superpower on Earth, the only country with nuclear weapons, and a lot of prosperity and opportunities, except bad dental and medical technology then, so that's a drawback. So either 1946, or sometime during the Pax Romana, the roman peace. Somewhere in a small village in Italy.

# The Untold Truth of Mr. Fregly

*Continued*

**Do you have any favorite skills or hobbies outside of school?**

One of my favorite things to do outside of school is exploring the backcountry, going to National Parks. I do a lot of backcountry camping, hiking, mountaineering, and I do a lot of kayaking as well, so finding those isolated corners of the country, and spending weeks at a time completely engrossed in those areas is something that is incredibly valuable to me, to my soul, and provides me with a real clear sense of my life's trajectory. That's something over the years I've developed a skills set that enables me to go out into the wilderness for long periods of time.

**If you could be any age for one week, what age would you be?**

18 again, so my back wouldn't hurt when I wake up in the morning. That would be great. I remember that. I could sleep the whole night and not have a back ache in the morning. Yeah, definitely be younger, for sure.

**If you could be a member of any TV-sitcom family, which would it be?**

The Simpsons. I like them because they always are doing things that apply directly to what's going on in our society or in our history but in some weird Simpson-y kind of way. That would be an interesting family, except I wouldn't want to be choked by Homer Simpson like Bart. Bart seems to get choked a lot.

**Who is the most famous person you have ever met?**

Sarah Palin. She came to speak at the Seward House on the fiftieth anniversary of Alaska's statehood, 2009. When she came to speak I got to meet her and some of her family and she is an interesting person, I'll leave it at that. She is what as she appears on TV.

**What is the best piece of advice you have ever received?**

When I was debating about staying in Upstate New York or going to Colorado, one of my really good friends, who lives down in Virginia, he says, "You know, sometimes, you have to take a jump into the deep end of the pool without water wings. You'll either drown or you'll swim, but you'll not know unless you try." And so I took a jump off the deep end of the pool, I'd say, with one water wing on, when I went out west. I'm glad I made that decision. It was a wonderful three years out there of exploring and getting to know that part of the country that I wouldn't have been able to know if I hadn't done it. He had a good point, he goes, "You're at this time in your life where you guys can go do that so go do it." It's advice that I give to people now that struggle, and they're like, "I'm sick of living here, I don't wanna be here anymore." I've kinda picked that up with some people in the school already, and I tell them, "Then go. When you graduate, when you go to college, if you can, go someplace different. Explore someplace new. Always know that there's a home to return to." That's how I always felt. I think that was very valuable because that's advice that I've given to people: To take big risks, to try these types of things.

**If you could bring someone famous back from the grave, who would you choose?**

William Seward. I worked in his museum for so many years then uncovering his archives and reading his letters and correspondences. I have tons of questions to ask the guy, like what were you thinking most of the time when you were acting against the interests of the country and for the better of humanity. How could you see so far in the future for someone living in the 1850's and 60's. I'd bring him back.

## The Girl Who Does It All

By: Morgan Spaulding

As some may shy away from leadership and responsibility, Tully Junior Senior High School's student body president thrives with it. Mackenzie Rienhardt's positivity, honesty, and leadership skills which she deemed were her three best qualities/characteristics, have brought her to the position she is in today.

Mackenzie ran for student body president last May along with stiff competition (there was no one else). Mackenzie delivered an outstanding speech through the schools speaker system, and even though no one could see her, we all could hear her confidence in her voice as she spoke so flawlessly and effortlessly. She chose to run for school wide president on account of always liking to be in charge, wanting to see change throughout our school, and believing that she could be the one to do it.

Our interview started with a simple yet intriguing question: what is your favorite memory of high school? It was almost as if I could see all 3 years of high school play through her eyes. Mackenzie took a few moments to consider an answer before telling me that beating Bishop Grimes at the OCC field at the under the lights game and winning the league title last year would have to be her favorite memory of high school. Further down the road, Mackenzie plans on making many more favorable memories at college; she plans on majoring in communications and public relations, which makes sense because her love to help people is undeniable. She wasn't definite yet but she would love to do something with foreign language as she fell in love with Spanish throughout high school. With her skills in foreign language, Mackenzie visions herself opening up an orphanage in a Spanish speaking country; however, her dream job would be to take over her parents financial education business which teaches people about their money and how to work their finances to do things to the best of their ability so they know they are set for their life. It is a big business on just helping people, which Mackenzie has a vehement desire for.

As the end of our interview came near, I asked my last couple of questions. Mackenzie's answer to my next question, will by chance shock you as much as it shocked me. When I asked her to name one thing that most people don't know about her at school, Mackenzie quickly told me that she is quite a sociable person at school, but at home she is completely different: she is very reserved and likes to just be with her family or by herself.

Our interview ended with Mackenzie sharing with me her favorite quote, "Be fearless in the pursuit of what sets your soul on fire". I can obviously see why this is her favorite quote, well more like motto, as Mackenzie truly is the girl who does it all.



Mackenzie Rienhardt

"The Girl Who Does It All"

## Events at the Library

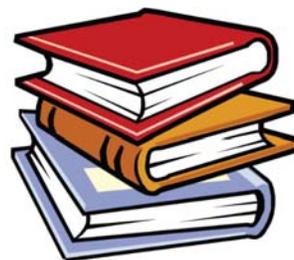
By: Alex Locke-Wright

Hey there! Did you know that there are a ton of clubs outside of school that go on everyday? Obviously school clubs are great as well from the art club where you can doodle just about anything, to the many sports that go on all year (not to mention the amazing newspaper club). However there are also lots of great clubs at the Tully Free Library that can offer some great experiences that school can't offer.

For starters, Mondays and Tuesdays are the wild card days. Those days can be anything as fun and relaxing as watching a new movie and making a craft, to important and interesting things such as learning how to use a 3D printer and other super special awesome tech machines. Carrying on to Wednesdays there's a program called Duel Club where you can play some very exciting card games such as Pokemon, Magic the Gathering, and Yugioh. This year there will also be chances to learn some new card games that aren't even on the market yet, and even an occasional tournament with pizza and prizes! After school on Thursdays there's a Board Game club that really won't make you as "board" as you may think. Here

kids of all ages get to gather around and play some spectacular group board games such as classic Monopoly or the *Diary Of A Wimpy Kid inspired Cheese Touch game*.

Finally we have the always fun, always intriguing, and always new club for role playing games or RPG's. For those of you that may not know an RPG is a type of game where you pretend to be a different character and go on an adventure. These games are typically set in a medieval kingdom of some sort such as the current game Pathfinder being led by Tully High Schools own Mr. Votra! Past games have also included a quest to become the ultimate president and an escape game from a maniac. Now this article is not to try to force you out of clubs you're already part of, but merely meant to show people there are some other great clubs available to you.



## Donations for Senioritis

By: Ying Chen

Senioritis is a fatal disease that is almost unavoidable when it comes to senior year. We are now taking donations to help find a solution to this tragic epidemic. Senioritis effects more than just the students of 12th grade, but it also affects the teachers and family members of each contaminated individual. Senioritis causes students to become lazy, stupid, and unconcerned. This infection is spreading like wildfire.

Only you can help stop this terrible disease. Any donations, even if only one dollar, can help with finding the cure to save these poor souls. Please make donations at your local high school.

# New Kids on the Block

By: Allie Kolodziejczyk

My name is Allie Kolodziejczyk (kilo-jay-jick), I'm in 9th grade, and last year I was a new kid. Being a new kid is hard and scary, but with my tips and tricks, being new won't seem like such a big deal.

Waking up on the first day of school last year, was terrifying. I knew no one, and the only information about Tully I had was from my mom, who graduated from Tully in 1992. Being new is difficult, but being new in 8th grade is even harder because everyone has known each other since they were five or six, and they already made friend groups and cliques. Walking to school on that first day, however, I automatically knew that Tully was a safe and friendly environment; nevertheless, I was still scared. By the end of first period, I made a friend, and by the end of the day, I made a whole group of friends. If it weren't for the friendly embrace of Tully students, my first day of school would not have been a success.

## Some Tips for New Kids

- Be friendly to everyone
- Have an open mind
- Don't be scared to go up to someone to introduce yourself
- Don't be afraid to join sports or clubs because that is how you can make some new friends
- Make one friend because chances are if make one friend you make a whole group of friends

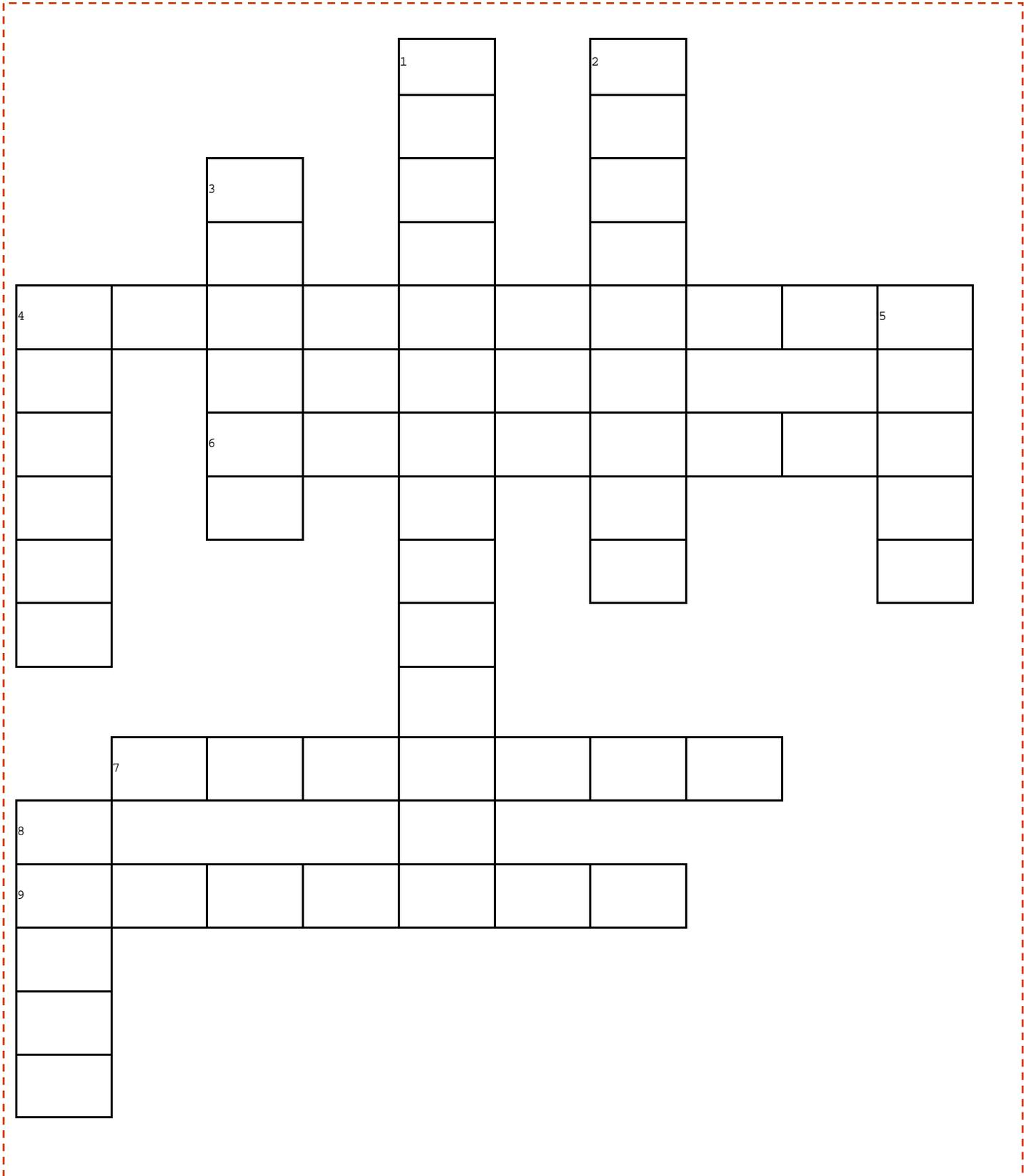
## Some Tips to Welcome New Kids

- Introduce yourself to them because sometimes they are too scared or shy to introduce themselves
- Lend them a helpful hand, help them find their way to class, and help them out with finding their buses (One small thing could mean a whole lot to them)
- Be friendly; sometimes smiling or offering to have them sit with you at lunch could make their day



Credit: Mrs. Rossman

# Back to the Abyss



**Across**

- 4. "senior illness"**
- 6. English teachers always tell you to...**
- 7. Used to store and carry school supplies**
- 9. The much adored New York State test that will be coming in June**

**Down**

- 1. Lunch that was served on the first day**
- 2. A science course taken by mostly juniors**
- 3. Most hated day of the week**
- 4. What we all left behind when we returned to school**
- 5. Almost everyone wants to do this**
- 8. One of the Primary colors of light (of LIGHT)**

## Scooter For President 2016

By: Elsa Gauss



Now anyone familiar with me should be familiar with my cat, Scooter. Everyone knows Elsa Gauss has a cat by the name of Scooter. This is basic knowledge here, people: a no-brainer. However, it has been brought to my attention, by myself, that very few people *know* my cat, Scooter, and his true potential. I'm not sure how others may feel, but that's a ripe shame, if I've ever known one, for Scooter is a magnificent creature of wonder. Pardon me if I'm being a little bias on the topic at hand, but this is my passion after all. I believe Scooter, in all his glory, has what it takes to lead this nation into nirvana.

Now now, I know what you're all are pondering. Why should we let some random cat lead a whole country? Well you better sit down and strap yourself in because I'm here to elaborate. Scooter is the very definition of perfection; the ultimate being. Now I don't mean to be quixotic, but I know no beast as supreme as my cat. At any given moment, Scooter lives his life with the graceful simplicity that this nation needs. His only concerns in life are being fed, sleeping, and being let outside sometimes (if he's feeling spicy). In a world dominated by stark conflicts, solemn decisions to be made, and stern debates, wouldn't it be nice to revert back to a certain natural modesty? Wouldn't it be nice to go back to the natural laws, which once governed every living being, that now govern Scooter? In times of great complications like these, occasionally the best solution involves taking a step back and looking at the world through milder glasses.

I firmly believe that anyone who can retain and fulfill their basic motivations, such as food and sleep, in order to achieve happiness in times of great turmoil are the most successful. When you really think about it, what is success without happiness? What is the point of having the world if you don't have a will to get up and live a life you can enjoy. In the grand scheme of things, no matter how big you may be, no matter how much you achieve, you are insignificant in the eyes of the Universe. So why should we not relish in our insignificance? Why should we not find success in simplicity? Scooter may be a random cat, but he is able to live a far more fulfilling life than the majority, who claim to have importance. Some of the world's brightest minds could learn a thing or two from him.

Let's face it. Even if you don't agree with my views on life, Scooter is still far more qualified than the actual presidential candidates. I mean, what even is Donald Trump? He can't be a real person, with his blatant racism and ethnocentrism spewed in every speech. Hillary Clinton is no better, either. How could we leave a nation to a woman surrounded in lies and scandals? Whether you admit Scooter is perfection or not, he'd still be better than Trump or Clinton. Scooter for President 2016. This message has been approved by Scooter Gauss.

## A Taradiddle: The Boston Tea Party

By Katie Mulroy

It was a frigid December evening without a moon or star in sight. The streets were camouflaged in a sheet of snow and ice, and tiny flakes continued to float around without a sign of stop. But neither the nighttide nor the snowfall could keep hidden the tension drowning the colonial town, Boston. Angered had been brewed like tea. Boiling taxes and “sly plots” from Parliament dumped on England’s tea bag, the colonies, in a foreign cup.

The day had been particularly annoying for a young gentleman, Samuel Adams. Those bloody British East India Company folks had robbed him of his wealth-- AGAIN. For years now Sammy had been smuggling tea in by the barrel without having to pay a shilling. People bought the tea, and he was filling up his trousers by the pound. That was until Parliament decided to allow the Company to sell tea to colonist directly-- Taxless. The tea was of course cheap, but Sammy and his Chaps refused to even look at it, and any poor fellow that tried was tarred and feathered. Eventually Sammy’s kettle began to warble and whine, so he went berserk. Cussing and howling that Ol’ Sam devised a plan to get his pockets fat once more. You know those punch bowls at parties? Well Sammy decided to make a very large punch bowl-- of British Tea.

And so the following nighttide, without a moon or star, Sam herded up the best of his Sons\*. They cluttered his small living quarters. The furious huffs and grumbles of men and boys made it a sauna. Without much delay Samboni proceeded to dole out Native American costumes. Among the chaos boys were extravagantly plastering each others faces with war paint. While the men change out of there fancy British attire into deerskin and loincloths. They passed around feathered bands, and soon enough the Sons had gone from colonial gentlemen to stereotypical Indians. How did dressing like Indians relate in any way to Sammy’s plans. None of the men could understand, but they guessed that it was because Ol’ Sam went cray-cray.

Now all dressed up in costumes and still piping hot over those British scoundrels the crowded room flooded out into the crisp winter dark. But not even the cold Arctic winds could cool down the gentlemen’s heads. The deerskin-dressed mob started to strut to the harbor because they had heard about the British ships with TEA that had so generously been tied up for the night. Now Samuel did not account will for the weather; it is very hard to boil tea in freezing winter water. However Sammy continued with his hot-headed Chaps until they reached three outstandingly large British ships. A little hesitation hung in the air; the Indians looked at each other confused and with a tad bit of fear. But then their chief cried out in a striking tone, “LET’S MAKE OURSELVES A CUP OF TEA LADS!!”, and with that roar the crowd was fired up. They began to scramble. They began to struggle and crowd. They flooded into the ships making enough noise to be heard from Great Britain. And without further ado the Sons and Samuel Adams started to dump the tea into the harbor. Then soon enough they would be even more annoyed upon realizing one, you can’t make tea in cold water, and two, the tea was too salty to drink.

\*Sons—In reference to the Sons of Liberty

## Dear Penelope

**Dear Penelope,**

**I'm in eighth grade dude, and I'm playing soccer right now. I have way too much to do. I'm failing English, man! S.O.S.**

**~Anonymous**

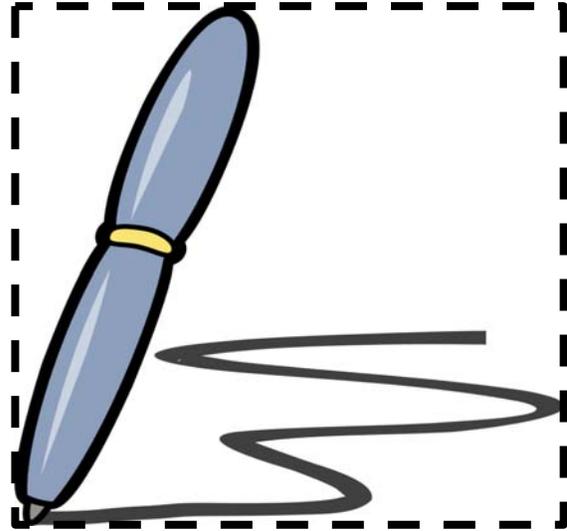
That's a great question! Sports and after school activities are a great way to socialize, exercise creatively and physically, and they look good on your resume. Sometimes, though, it may feel like you have a tight schedule as it is. As for English, it would really depend on which portion of it you struggle with. If you have trouble with vocabulary, try mnemonic phrases and combine them with soccer warm ups. If time is an issue, there is always after school, lunches, and study halls.

**Dear Penelope,**

**I feel like I'm not doing enough for my resume. What can I do to put in more volunteer hours, leadership roles, and clubs? Anything else I should mention on my resume?**

**~Anonymous**

There are a good amount of volunteer opportunities in Tully, believe it or not. One good one, when you get into Senior High, is P.E.A.C.E., Fire Department, Pizza & More, Denise's Hair Care, and the Masonic Temple. Pretty much anywhere you can volunteer you just have to make your way around and ask. Plus if you join a club and help with sales, that also counts towards volunteer hours. Other things you can add to your resume (besides clubs, afterschool activities, and volunteer work) is really anything that you can brag about yourself. Get educated in child care and you can get experience babysitting, dog sitting, house sitting, even if it's family. You might also be able to include bake sales, or anything like that. What looks good on a resume is experience and responsibility. Brag!



**Dear Penelope,**

**I'm so stressed about college and what I want to do for a living. Help!**

**~Anonymous**

It's okay if you're still unsure of where you want to go in life, we're still in high school, if you have everything planned out by now I'd say you're stressing too much. If you really want more *guidance you can always talk to Mrs. Davin in the downstairs counseling office, or Ms. Newton upstairs.*

**Dear Penelope,**

**What are some after-school activities, clubs, or sports that I can do here? What are some good things for applications and resumes?**

**~Anonymous**

The clubs that I'm aware of are Art Club and Newspaper Club, Tech Club, Drama Club, Chamber Choir, FFA, Jr./Sr. High International Club, Student Government, and that's just the ones off the top of my head. Sports you can check out at the school website. Again, if you need help or a longer list of groups, you can ask any of the guidance counselors. :)

**Dear Penelope,**

**I know that I'm going to be getting a lot of homework and essays and tests. How can I stay focused while studying or doing homework? How can I do well on my homework?**

**~Anonymous**

First of all, no matter how much homework and assignments you receive, do not freak out. Organization can help you keep it together. Second, use the agendas. Yes, they can be tacky and cheesy, but they have a lot of good information in the front and back, and writing all your assignments down can save you trouble later on, especially with the monthly calendar. As for staying focused during homework / studying, one thing I have found helpful is instrumental music. Listening to music tunes out the other distractions, but music with lyrics become a distraction, so music like Lindsey Sterling which is instrumental is best. Keep social media away from you, don't tempt yourself to get distracted. Castle Learning has a study option for practice tests and flashcards, etc. Quizlet is another good site.

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If you have any questions that you'd like answered, email me at the address below and your question may appear in the school's newspaper! If the question is not accepted, there will still be a response via email.

[askpenelope.tully@gmail.com](mailto:askpenelope.tully@gmail.com)



**It's never too late to join Newspaper club. Every Wednesday Activity period. For more information talk to Ms. Killmore, Ying Chen, or Elsa Gauss.**

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