

How can I help?

- Order a Food Unit (\$15.50) for yourself to help us meet our monthly quota.
- Buy a Food Unit as a gift for a relative, friend or neighbor.
- Donate \$15.50, to give a local family a food unit.
- Tell someone else about Food \$en\$e.
- Tell us your ideas for improving or promoting our program.
- Volunteer a few hours a month to help with paperwork or truck deliveries.

Food \$en\$e is a non-profit program to benefit Tully and surrounding communities. Let's all do our part to make it work!

FOOD SENSE OF TULLY

St. Leo's Parish Hall

P.O. Box 574,

10 Onondaga Street

Tully, NY 13159

(315) 696-5092

FOOD \$ENSE OF TULLY

2009 Schedule

Orders and Monies Due:*

Pick-Up:

(3:15-4:30pm,
St. Leo's Hall)

Tues., Jan. 6

Thurs., Jan. 22

Tues., Feb. 3

Thurs., Feb. 26

Tues., Mar. 3

Thurs., Mar. 26

Tues., Apr. 7

Thurs., Apr. 23

Tues., May 5

Thurs., May 14

Tues., June 2

Thurs., June 25

Tues., July 7

Thurs., July 23

NO ORDER FOR AUGUST

Tues., Sept. 1

Thurs., Sept. 24

Tues., Oct. 6

Thurs., Oct. 22

Tues., Nov. 3

Thurs., Nov. 19

Tues., Dec. 1

Thurs., Dec. 17

***Orders are due this year by the first
Tuesday of every month at:**

St. Leo's Parish Hall (10am-4pm)

Or

M-F (9am-12pm, call first 696-5092).

Orders are also taken at:

St. Joseph's Church, Lafayette,

Tues (9:30am-12pm),

Thur (5pm-6:30pm), 677-5221.

*Please remember to bring your receipt and
a box, bags, laundry basket or cooler to
carry out your order. Be sure to send along
your receipt if someone else is picking up
your order.*

Food \$en\$e Of Tully 2009

**Helping you to
S-T-R-E-T-C-H
your food budget!**



- ❖ What is Food \$en\$e?
- ❖ How can I participate?
- ❖ How can I help?

What is Food \$en\$e?

Food \$en\$e of Tully began in April 2007 by St. Leo's Church Outreach in response to the closing of the area's only grocery store.

The program offers quality food at a low cost and has no age or income requirements. **Anyone** in Tully or the surrounding communities may participate.

For \$15.50, you can purchase a **"Food Unit"** of frozen meats, packaged foods, deli items and fresh produce. The retail value of the Food Unit is \$25-\$30. **"Specials"** are also offered each month and may be purchased without ordering a Food Unit.

If there is a meat item in the Food Unit that you do not like, we will trade it for ground turkey or ground beef. Brown rice can be exchanged for white rice, pasta or stuffing.

There is no obligation to buy a Food Unit or Specials every month. You may buy more than one Food Unit in a month. There are no membership dues. Only cash, money orders or food stamps are accepted. **No personal checks!**

How can I participate?

Order forms are available by the last two weeks of the month. They can be found in **Tully** at:

Encore Video

Tully Free Library

Tully Laundry Mat

St. Leo's Church & Hall

In **Lafayette** at:

The Post Office

Lafayette Public Library

St. Joseph's Church

In **Fabius** at:

The Post Office

Fabius/Pompey Outreach

Immaculate Conception Church

Forms are also available at:

www.stleostully.org and

www.tullyschools.org

Orders/monies are due by the first Tuesday of each month at
St. Leo's Parish Hall,
Behind 10 Onondaga St. (10am-4pm)
or Mon.-Fri. (9am-12pm., call first,
696-5092.)

Orders are also taken in Lafayette at

St. Joseph's Church,
6104 Cherry Valley Rd. (Rte. 20),
Tues. (9:30am-12pm) and
Thurs. (5-6:30pm)
677-5221.

When do I get my order?

Delivery is on a Thursday near the end of the month, 3:15-4:30pm at St. Leo's Hall. See the 2009 schedule on the back of this brochure.

Where does the food come from?

Food \$en\$e of Tully is one of 37 such programs throughout 14 counties coordinated by the Food Bank of CNY in Syracuse. Founded in 1985, the Food Bank of CNY is a not-for-profit organization that offers food assistance programs in Central and Northern New York.

Since Food \$en\$e is a cooperative buying program, the greater the number of participants, the better the buying power of the Food Bank in creating each month's Food Unit and Specials.

The Food Bank provides helpful recipes using items in the monthly Food Unit to be included in every Food \$en\$e order.

