

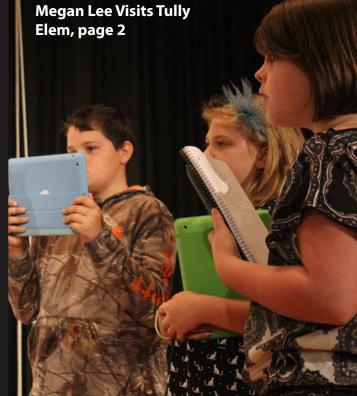
EKNIGHT INSIGHT

Junior High Fall Dance, page 9

DECEMBER 2015

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TULLY ELEMENTARY SCHOOL

Megan Lee and Fellow Musical Artists Visit Tully Elementary School On Thursday, October 22, Megan Lee and friends, Max McKee and Cameron McClaren,

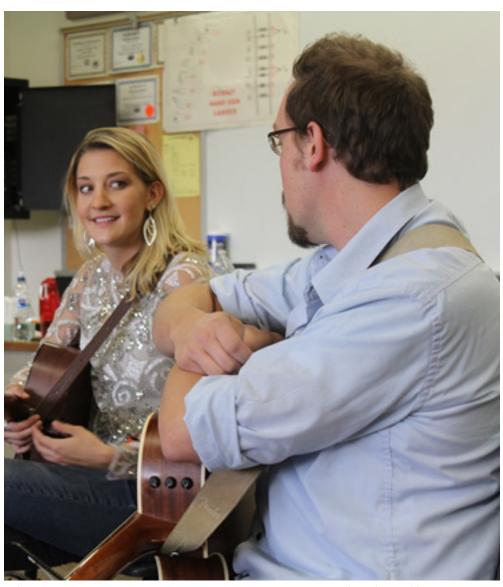
On Thursday, October 22, Megan Lee and friends, Max McKee and Cameron McClaren, visited the 5th and 6th grade middle school students for a musical presentation. The concert took place at Tully Elementary School auditorium.

They came from Nashville, Tennessee to support the 5th and 6th graders' **Notes for Fallen Veterans Project**. Megan Lee and friends performed her original songs such as *City Limits*, *Rain Rain*, and *My Heart will take the Beating*.

The song *Letters* will be used to help raise money for the *Fisher House Foundation* a charitable organization that provides support for families of wounded veterans.

Megan Lee and producer Max McKee will return again in November to record the song *Letters* with the help of some of the high school communications and music students.





Left: Megan Lee(Podsiedlik), Max McKee, and Cameron McClaren perform for the fifth and sixth grade students as part of their Notes for Fallen Veterans Project.

Right: Megan Lee (Podsiedlik) and fellow Nashville artists/producers, Max McKee and Cameron McClaren, share stories with the high school music students about careers in music and media in Nashville, TN.

DECEMBER 2015



TULLY ELEMENTARY SCHOOL

Sensory Room at Tully Elementary School



Over the course of several years administration and staff, along with community involvement, have been working on the creation of a "Sensory Room" in the Tully Elementary School building. With funding provided from a grant, we are pleased to announce that TES now has a functioning sensory room!

We want to thank many people for their hard work and time including our building grounds and maintenance staff. With their dedication we have finished renovating an approximately 500 square foot unused classroom to accommodate the requirements of an effective sensory room. An increasing number of students have sensory needs that, if not met, impact their ability to learn and grow to their maximum potential. These students require regularly scheduled sensory input breaks throughout their day in order for their bodies and minds to process outside stimulation and information for optimal learning. In addition to this, there are also unscheduled and unpredictable times when students may experience sensory overload requiring an "on demand" location that will provide



them with the opportunity to re-regulate themselves before returning to their classroom environment.

The purpose and design of a sensory room is to calm or stimulate an individual through one or all of the seven senses. The most well-known of these senses are hearing, vision, touch, taste, and smell. There are two additional senses that are extremely important to the body's sensory regulation and they are the proprioceptive and vestibular senses. The term "Sensory Room" refers to a specific location, expressly designed to include specific sensory equipment, materials, and activity opportunities. The design of this room along with the equipment and materials are for the educational benefit of students with mild to severe sensory processing difficulties. A sensory room is therapeutic and beneficial for not only children with sensory processing disorders but also students with a variety of other needs. Although designed with students having sensory processing deficits in mind, this room will also benefit additional students who may not have specific sensory needs but may also benefit from gross motor activity, and sensory based activities.

We are very excited about this additional environment that will surely benefit students in the Tully School District in reaching their full potential. Again, we would like to thank all of the people who played a part in making this possible.



SENIOR SPOTLIGHT



Family: Dennis-dad, Leslie-mom, Cassidy-sister

What has been the best part of your high school career and why?

The best part of my high school career has been soccer. I love soccer! The teams I have been on have been amazing. Although we did not win a sectional title like we hoped to, it was still an amazing time.

What have you learned by the activities you have participated in outside of school?

With the clubs I have participated in, along with sports, I have learned how to have a good work ethic, determination and also how to grow as a person.

What is your proudest moment in high school so far?

My proudest moment has been being selected to join National Honor Society. It is such a prestigious club and I am glad that I was chosen.

BRENDAN J. McGINN

What are your plans after high school?

My plan is to go to a four year school to major in Biology/Pre Med and also play lacrosse. I hope to attend med school after that.

What do you hope to achieve by the time you're 30 years old?

I hope to have a good job, house and family.

If you could invite two or three people to dinner, who would they be and what would you talk about?

I would invite Zlaten Ibrahimovic', Lionel Messi and Sergio Aguero because I love soccer and they are some of my favorite soccer players. Obviously we would talk about soccer.

What challenges have you faced and how have you overcome them?

I have faced many challenges in and outside of school. I overcame them by using my determination and focus to get me through any rough patches that lie ahead.

Who's your hero and why?

My heroes are both my parents. As teenagers, they both found adversity but were able to overcome those obstacles and became very successful in the fields they work in.



Family: Alice-mom, Paul-dad

What has been the best part of your high school career and why?

The best part of my high school career has been being able to succeed in everyday challenges and seeing myself grow as a person.

What have you learned by the activities you have participated in outside of school?

The activity I participate in outside of school is riding, showing and training my own palomino quarter horse "Shining Jack O'lena". What this activity has taught me is that hard work, perseverance and dedication does pay off.

What is your proudest moment in high school so far?

My proudest moments would be the hard work I have put into my classes to achieve the desired grades to be on the honor roll.

BREANNE A. TRUDEAU

What are your plans after high school?

My plan includes furthering my education. I plan on attending college and graduate with a bachelor's degree in business.

What do you hope to achieve by the time you're 30 years old?

I would like to have traveled throughout the United States, own my own horse farm and continue my passion for riding, showing and training American quarter horse palominos.

If you could invite two or three people to dinner, who would they be and what would you talk about?

The first person I would invite to dinner would be author Jack Kerova. I would like to discuss with him the insights he had for the books that he wrote. Another topic of discussion would be his desire to experience life to the fullest, travel and appreciate one's surroundings. The second person I would invite would be Red Pollard, the jockey of "Seabiscuit". I would talk about Pollard's ability to overcome hardships to achieve greatness.

What challenges have you faced and how have you overcome them?

The challenges I have faced is my mother's diagnosis of colon cancer. I overcame this challenge by having a positive outlook and supporting my mother on her road to recovery.

Who's your hero and why?

I cannot name just one hero. To me, my heroes are my mother and her strong will, positive attitude and sense of humor. Also, my cousin Alexis who struck out on her own at a young age, and her ability to support and provide for her family.



TULLY JR/SR HIGH SCHOOL

Student of the Month for October







ENGLISH

Peter Thomas Elizabeth Ferguson





SPANISH

Joseph Baker Ying Chen





SOCIAL STUDIES

John Custer Ellie Ives





Luke Krewson Mackayla MacDowall





MATHEMATICS

Daniel Bort Peyton Wolf



PHYSICAL ED, HEALTH

Everet Resch Lilly Fowler-Conner





SCIENCE

Matthew Slazik Cassidy McGinn





CAREER TECH ED, FAMILY SCI

Cameron Downey Moira McAninch



TULLY JR/SR HIGH SCHOOL HONOR ROLL

First Marking Period – 2015

The following junior high (7-8) and senior high (9-12) students at Tully Junior-Senior High School qualified for the High Honor, or Merit Roll for the first marking period. Students attaining an overall average of 94.5 and above qualified for the High Honor Roll. Students who attained an overall average of 89.5 and above qualified for the Honor Roll and those with 84.5 qualified for the Merit Roll. There must be no incompletes.

SEVENTH GRADE HIGH HONOR

Bailey Albro Carly Bastedo Emma Bielecki Elizabeth Caron Stephen Coffin Lilly Fowler-Conner Owen Lantiegne Moira McAninch Tessa Mucha Brooke Rauber

HONOR Annaleia Coppola

Emily Cox Julia Dietz Nicole Edinger Madeleine Erno Jacob Fox Lauren Grosso Katherine Haier William Hardy

Zeke Hendricks Amelia Jaworski

lan Leiby Thomas McKenna

Hannah Morgan

Joseph Murray

Amaya Nash Erin O'Mara

Addison Shaw

Natalie Slazik

Natalie Slazik Jaden Teeter

Tiernan Tobin

Lauren Yonko

Clara Zook

MERIT

Aidan Brown
Nathaniel Cole
Jeremiah Dennis
Aurora Drumm
Lindsey Hamelinck
Kayla Hanson
Joseph Morgan
Elisabeth Moss
Everet Resch
Lydia Walburger
Gillian Wintermute

EIGHTH GRADEHIGH HONOR

Nicole Ball lan Byrne Jade Dillenbeck Emma Huggins Elizabeth Ives Anna Moss Chelsea Phillips Marissa Scalza Ethan Selmser

HONOR

Iris Bassett
Rachel Biggs
Coby Braun
Ashlynn Craig
Sarah Daddona
Cameron Downey
Constantino Ferro

Gabriel Inman Sarah Karinsky Allison Kolodziejczyk Taylor Kotary Brooke Malchak

Meagan Porter Jonah Shay

Grace Swan
Angela Touchette

MERIT

Phoebe Adams
Joseph Argus
Nathaniel Cattell
Tagan Cutting
Camryn Denick
Cassondra Fisher
Matthew Kelly
Kyle Koons
Anna Martin
Ciarra Rutledge
Kilee Walsh
Emily Wolf

NINTH GRADE HIGH HONOR

Bailee Abalos Kayla Barry Rachel Berry Dante Bertolo Jessica Bizub Madison Brown Alison Carr Jacob Edinger



Gemma Guy Rachael Hanson **Erin Hutton Timothy Kamakaris** William Lake Marcus Lombardo Mackayla MacDowall Connor McCasland Kathryn Moncada Maria Murray **Garrett Pierpoint** Wiley Shaw Madison Smith Morgan Spaulding Samuel Stoogenke Kaylee White Sierra Yonko Timothy Zilberman **HONOR**

Caleb Erno

Logan Bedford
Colin Byrne
Mackenzie Delles
Jacob Dietz
Zachary Ebert
Tyler Edinger
Bryce Florian
Sydney Grosso
Jenna Hamelinck
Tarissa Hiltbrand
Alexia Hotchkiss
Nathan Lamoureux
Ashley Lippert

Kaycee Bailer

Heather Lipsky Alex Locke-Wright Dylaney McNerney Sydney McNerney Anabella Morgan Margaret Picciano Hannah Poff Andrew Schaber Jared Swift **Austin Taubman** Ethan Wilson Alicia Wood **MERIT** Ayla Baker Shane Bowers **David Bruns** Mariah Curtis Garrett Fox Caitlin Halladay Kaitlyn Haves



Rachael Kirk

Wyatt Oursler

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TULLY JR/SR HIGH SCHOOL HONOR ROLL

First Marking Period - 2015 (continued)

TENTH GRADE HIGH HONOR

Joseph Baker
David Ball
Daniel Bort
Julia Coffin
Joseph Crawford
Jessica Donald
Rachel Frateschi
Abby Harrington
Morgan Hiltbrand
Taz Josh
Emily Lantiegne
Spencer Metz
Gabrielle Moncada

Peyton Wolf

Andrew Moss

Matthew Slazik

Jessica Swift

HONOR Kaden Averill Jessica Benedetto Joshua Canaan Grace Chaffee Matthew Doolittle Elizabeth Ferguson Haley Fowler-Conner Mary Frank Emma Gero Ryan Gordona Matthew Kamakaris Sean King Olivia Krom **Thomas Morse** Dominique Negrete **Ashley Quinn**

Evan Rapp

Gerrit Van Dyne

Madalynn Wiers

MERIT

Joanna Case
Leah Cook-Nethery
Jackson Deal
Gabrielle Doody
Elena Fecco
Ryan Huggins
Ian Kaminski
Ryan King
Katie Mulroy-Francey
Colum Swan
Alexandra Walowsky
Elaina Weisbrodt
Edwin Young

ELEVENTH GRADE

HIGH HONOR

Amanda Bielecki MacKenzie Bolt Ying Chen Kara Clark **Emily Fournier Daniel Gambell** Elsa Gauss **Anthony Geiss** Rachel Gould **Taylor Grosso** Jade Hendricks Aaron Hughes **Benjamin Jones** Magdalyn Kosalek **Jakob Moss** Mackenzie Rienhardt Alyssa Riese Sarah Sawmiller Alexandra Tornatore

Christopher Wintermute

HONOR

Cody Baehr

Colin Byrnes



Matthew Goddard Skylar Kays Callahan Lyon Brendan Lyon Griffen Magnan Gaige Maloney Francis Mckenna Katelyn McNerney Maureen Murphy Emmeline Perkins Jason Phelps Kyle Redman Emily Spath Alexander Stoogenke Michael Wood

Payton Earley

Danah Earley

Ryan Foody

Jacob Ganley

MERIT

Cody Bliss **Amber Delles** Jacob Grevelding Ryan Hanson Meghan Hawley Jake Hutton Benjamin Kaufman Jacob Kehrer Luke Krewson Justin Morgan Troy Phillips Allyson Porter Oliver Ramirez Michael Sawmiller Sabrina Sovoool Tyler Stone Lucas Swan Peter Thomas

Leo Touchette

TWELFTH GRADE

HIGH HONORWalter Abrams

Gracie Bartholomew

Danielle Bedford

Kyle Berardi

Lucia Chacana

Sabrina Covey Ashleigh Crawford Emma Currie Ashley Daddona James Davenport Tessa Doody **Landon Drumm** Zoe Fritz Brendan Gordona Owen Hoke Ashley Howe Sarah Huggins Steven Hust Ellen Jaworski Hannah Leva Jon Lippert Elena McAninch Cassidy McGinn Brendan McGinn **Erynn McNerney** Patrick Morse Meredith Mumper **Charles Petit** Sophia Sheldon **Nellie Sherlock Emily Teeter** Breanne Trudeau Kimberly Welch Maureen Whitney

HONOR

Rachael Acosta Lily Aldrich



Trevor Averill Karmen Beckwith Nathaniel Bizub Katelyn Bordwell Jasmine Carr Carly Cox Matthew Currie Montana Curtis Nickolas Edinger Wesley Fecco Spencer George **Timothy Gibbons** Shauna Hayes Taylor Henry Jeremy Lake Michael Lombardo Nicholas Martino Drew McNerney John Mondo Matthew Nassif Alexis Poltorak Laura Rasmussen Donna Salvador Joseph Schultz Chelsea Smith Madison Verrillo Elizabeth Welliver **Amber Wiers** Christian Zook **MERIT**

Brandi Bradley
Maurysha Cuttino
Desirea Hemingway
Raven Irving
Samuel Pitman
Daniel Spring
Gregory Voggel
Deeanna Wade

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TULLY JUNIOR/SENIOR HIGH SCHOOL

Seven Countries in Twenty-one Days

Erin Hutton, pictured left, and Hannah Pelletiere, right, traveled with **People to People Ambassador Program** this summer and were invited to be Guest Speakers at the October meeting of the Junior High International Club.

This was an unbelievable opportunity for them! Here are some highlights: In Austria they learned about cheese making, and actually made some cheese, did a ropes course and alpine coaster in, can you guess where..? The Alps of course!

Switzerland was fondue and then in Germany, they volunteered at a hospital by clearing a walking path and painting. A homestay was arranged for three nights there.

In the Netherlands they dined in a Hard Rock Café, biked along the canals and by the windmills. In Holland they watched wooden shoe production and chocolate making. In Belgium they enjoyed, what else, Belgian Waffles of course, and more Belgian chocolate making.

In Paris they hit all the main sites: the Eiffel Tower, the Louvre Museum (Mona Lisa!), the Palace of Versailles, and the Arc de Triomphe. London was next where they rode the largest Fer-



ris Wheel on earth and also saw the play, The Railway Children.

Many thanks to Erin and Hannah for sharing their awesome adventure with us!

Congratulations to the 2015-16 Officers of the Junior High International Club!

President – Ellie Ives Vice President – Cameron Downey Treasurer – Taylor Kotary Secretary – Anna Moss Historian – Emma Huggins

Thank you for supporting our cookie dough and candy bar sales. The officers are busy planning for the Craft Show, December 5, where one can enjoy a delicious Belgian Waffle, coffee, and stock up on stocking stuffers - those Bonbons from France in four flavors. Also on the agenda for this year is the trip to Quebec, guest speakers, and an event on April 1st.





TULLY JUNIOR/SENIOR HIGH SCHOOL





7th and 8th grade Junior High students enjoyed their first dance of the year on Friday, October 9th. Junior High Student Council Officers, Angela Touchette, Grace Swan, Sarah Daddona, Jade Dillenbeck, Lizzy Caron, Addy Shaw, Ellie Moss, and Julia Dietz, planned and advertised, collected and counted admissions, and set-up and cleaned up for this event.

Various students in the Junior High Volunteer Committee also helped with set-up and clean-up for this fall-themed extravaganza.

Students showed off their dancing skills in various large group dances such as "Cotton-Eyed Joe" and "The Cupid Shuffle." The traditional fall limbo contest was also a hit with Chelsea Phillips as the first place winner and Anthony Lane coming in at a close second place.

Art Club ran concessions with numerous snack options, and Mr. Schiener organized some fun, active games in the gym. Overall, it was a wonderful time had by all and certainly a great way to start off the fall season!









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Calendar

TullySchools.org





BOARD OF EDUCATION

Term Expires	Member/Title	Contact
2016	Mr. Mark Drumm, President	(315) 696-5958
2017	Mr. James Bertolo, Vice President	(315) 696-8786
2016	Mrs. Denise Cardamone	(315) 696-5599
2018	Mrs. Carrie Edinger	(315) 696-0106
2017	Mr. Steven Pierce	(315) 575-0728
2018	Mr. Matthew VanBeveren	(315) 696-5745
2018	Mr. Edward Wortley, II	(315) 696-8609
2016	<i>Miss Cassidy McGinn</i> Student Ex Officio Member	(315) 696-6821



Meeting Dates

Meetings are held in the Junior/Senior High School Library at 6:00 pm. Dates, time and location subject to change and additional special meetings to be scheduled on an as needed basis. Check the school website for updates.

Upcoming BOE meetings through January 2016:

- ◆ Tuesday, December 8, 2015
- ♦ Monday, December 21, 2015
- ♦ Tuesday, January 5, 2016
- ♦ Tuesday, January 19, 2016



CLOSING REMARKS



Our first priority as educators is always that we maintain a safe and orderly learning environment for our students. This is a responsibility that we must take seriously. It is also a responsibility that has become more complex over time.

For as long as I can remember, schools have held fire drills, emergency evacuation drills, and bus safety drills. Over the years our society has modified how schools have been constructed, and sought to improve the design of school buses. Schools now have robust fire and smoke detection systems, redundant mechanical systems (such as backup generators), and school buses are now designed to be very safe and easily evacuated. We did all of this because, for a while, the biggest threats to student safety came from fires, catastrophic failure of physical school buildings, or bus accidents. What we did worked, and school buildings and buses are now remarkably safe.

Layered upon this, about 25 years ago, our society started paying much closer attention to creating emotionally safe and nurturing environments in schools. School communities created codes of conduct, and began implementing character education and anti-bullying programs. In general, codes of conduct and character education

programs have led to improved learning environments in most schools. Granted some students still misbehave and bullying still occurs, but these programs have provided educators and students with an effective means improving student behavior and addressing bullying. Because of this, we will continue to follow codes of conduct and to implement character education programs.

Layered upon all of this, beginning with the school shootings at Columbine in the spring of 1999, our society began to understand that all schools must take into account the possibility of gun violence. Columbine occurred more than 15 years ago, and since then best practices relative to school security has evolved. Schools have added security measures, such as locked vestibules and bullet resistant windows. Schools have developed lockdown drills, and have hired additional school resource officers. Additionally, we know that often those who commit school shootings signal their intentions ahead of time. So, school communities are now trying to pay close attention to these signals, so that we can prevent something horrible from happening.

What does all this mean for us here in Tully? Well, given the evolving and complex nature of school safety and security, our school safety committee continues to examine the safety and security measures we have in place. Our goal will be to engage in an ongoing review of our facilities and practices, and to investigate what constitutes best practice in other school districts, so that we may improve upon what we are doing. Given that safety ought to be our first priority, it is important that we seek continuous improvement in this domain.

Robert Hughes, Superintendent of Schools

Office: 315-696-6204

Email: rhughes@tullyschools.org

Article Submission Guidelines

The Knight Insight is published ten times per year and is available online @ tullyschools.org.

The deadline for article submissions is the 10th of each month except for the combined issues. The deadline for the summer issue, July/August is June 30 and the deadline for the winter issue, January/February is December 30.

We must adhere to the deadline in order to publish each issue in a timely manner. All material is subject to editing. The district has the final decision whether or not to publish an article.

If you would like to submit an article, please email articles to Mary Fisher at the Tully Central School District Office at mfisher@tullyschools.org. If you have any questions, please call (315) 696-6204.

It is requested that all articles be emailed in Word format whenever possible. Please do not capitalize all the words in the article. Please do not insert or embed a picture within the actual Word article. Pictures should be emailed in JPG format at 300 dpi. If you are unable to email the picture, you may drop it off to the district office. If you want the picture returned, please provide a self-addressed stamped envelope.

If you are unable to email your article in Word format, it is helpful if the material submitted is typed. You may drop it off to the district office, mail it to Mary Fisher, Tully Central School District, 20 State St, Tully, NY 13159, or send by fax to (315) 883-1343.

Alumni News

The Knight Insight wishes to highlight news of recent graduates. If you have information relating to academic or the career path of recent graduates, please email to mfisher@tullyschools.org.

SIGN UP FOR ED ALERT

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