

December 2020

Jr/Sr High School-Remote Learners Menu

equal opportunity employer



All Students eat free regardless of income!!
MENU SUBJECT TO CHANGE
 -Home delivery available for remote learners.
 -More info available at tullyschools.org on the Food Service page, click the plate setting icon



Nutrition Tip: Include whole grains. Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains.

Reference: USDA MyPlate



Monday

Available Daily-
 (in person only)
Homemade Pizza Sandwich
 Fruit & Milk come with every meal

Tuesday

Nachos Supreme 1
 Topped with shredded pork cheddar cheese
 Cheesy Bean Dip

Wednesday

French Toast Sticks 2
 w/Sausage
 Hash Rounds

Thursday

Chicken Gravy Over Biscuits 3
 Mix Veggies

Friday

Big Daddy's Pizza 4
 Carrot Coins

Pulled Pork Sandwich 7
 Whole grain Bun
 Green Beans

Mozzarella Sticks 8
 w/Tomato Sauce
 Sweet Potato Trax

Chicken Patty 9
 Whole Grain Bun
 French Fries

Tis the season Chicken 10
 BBQ w/Dinner Roll
 Mac N' Cheese
 Baked Beans
 Confetti Cake Cookie
 (Stuffed Crust Pizza-Remote)

Tis the season Chicken 11
 BBQ w/Dinner Roll
 Mac N' Cheese
 Baked Beans
 Confetti Cake Cookie

Meatball Sub 14
 Whole Grain Bun
 Sweet Potato Fries

Mini-Corn Dogs 15
 w/ Honey Mustard
 Seasoned Corn

Cheeseburger 16
 Whole Grain Bun
 French Fries

General Tso Chicken 17
 over rice
 Seasoned Broccoli

Assorted Pizza 18
 Carrot Coins

Cook's Choice 21
 Hot veggie

Cook's Choice 22
 Hot veggie

Cook's Choice 23
 Hot veggie
 Chocolate Stuffed Cookie

Holiday Recess 24

Holiday Recess 25

Holiday Recess 28

Holiday Recess

Holiday Recess

New Year's Eve 31
 10,9,8,7,6,5,4,3,2,1.....

