

# Tully Junior-Senior High School Anti-Bullying Committee

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**Awareness  
Prevention  
Support**

## How can you help if your child is being bullied?

- Tell your child, "I hear you; I am here for you; I believe you; You are not alone in this."
- Reassure the child that it is not his/her fault.
- Work together to find solutions.
- Help your child develop strategies and skills for handling bullying.
- Document all details of the incident.
- Contact the child's teacher, principal, or counselor.
- Encourage your child to report the incident.
- Follow up by contacting the school to confirm that it was reported.
- Continue to talk with your child about bullying.

## Possible warning signs that a child is being bullied include:

- Seems afraid of going to school, walking to and from school, riding the school bus, or taking part in organized activities with peers
- Has lost interest in school work or suddenly begins to do poorly in school
- Appears sad, moody, teary, or depressed when he or she comes home
- Complains frequently of headaches, stomachaches, or other physical ailments
- Has trouble sleeping or has frequent bad dreams
- Appears anxious and suffers from low self-esteem



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Tully  
Junior-Senior  
High School  
Dignity for All  
Dignity for All  
Brochure

# Tully Junior-Senior High School 2012-2013

## DIGNITY FOR ALL AND ANTI-BULLYING

Tully Junior Senior High School is committed to the elimination of all forms of violence within our school and recognizes that a learning environment that is safe and supportive can increase student attendance and improve academic achievement. A student's ability to learn and achieve high academic standards, and a school's ability to educate students, is compromised by incidents of discrimination or harassment, including but not limited to bullying, taunting, hazing and intimidation. The District will strive to create an environment free of discrimination and harassment and will foster civility in the schools to prevent and prohibit conduct which is inconsistent with the District's educational mission.

The Tully Junior Senior High School condemns and prohibits all forms of discrimination and harassment of students based on actual or perceived race, color, weight, national origin, ethnic group, religion, religious practice, disability, sexual orientation, gender or sex by school employees or students on school property or at school-sponsored events and activities that take place on or off of school property. In addition, any act of discrimination or harassment outside of school-sponsored events which can reasonably be expected to materially and substantially disrupt the educational process may be subject to discipline.

## Bullying

Bullying is any pattern of behavior by a student, or a group of students, that is intended to harass, intimidate, ridicule, humiliate, or instill fear in another child or group of children. Bullying behavior can be a threat of, or actual physical harm, or it can be verbal abuse of the child. Bullying also includes unacceptable behavior identified in this policy that is electronically transmitted. Examples include but are not limited to cyberbullying and sexting.

Bullying creates an atmosphere of fear and intimidation, robs people of their dignity, detracts from the safe environment necessary to promote student learning, and will not be tolerated. Students who bully another person shall be held accountable for their actions whether they occur on the school grounds; off school grounds at a school sponsored or approved function, activity, or event; going to or from school or a school activity in a school vehicle or school bus; or at designated school bus stops.



## Harassment

Harassment means the creation of a hostile environment by conduct or verbal threats, intimidation or abuse that has or would have the effect of unreasonable and substantially interfering with a student's educational performance, opportunities or benefits, or mental emotional or physical well-being. Harassment involves any or conduct, verbal threats, intimidation or abuse that reasonably causes or would reasonably be expected to cause a student to fear for his or her physical safety; such conduct, verbal threats, intimidation or abuse includes but is not limited to conduct, verbal threats, intimidation or abuse based on a person's actual or perceived race, color, weight, national origin, ethnic group, religion, religious practice, disability sexual orientation, gender or sex.

## Websites

Visit the Tully Central School District homepage at [www.tullyschools.org](http://www.tullyschools.org) to access our Dignity for All link.

[www.stopbullying.gov](http://www.stopbullying.gov)

<http://www.p12.nysed.gov/dignityact>

<http://bullies2buddies.com>